Lime coconut energy bites

Keep a plateful of these in the fridge as a nutrient-dense alternative to chocolate or biscuits when you need an instant snack.

Ingredients

- 50g almonds
- 70g cashews
- 175g dried pitted dates
- zest and juice of 2 limes
- 40g unsweetened desiccated coconut

Instructions

Put the almonds and cashews into a food processor and pulse until they are finely chopped – do not allow them to turn into a paste though. Add the dates, lime juice and zest. Pulse until the dates are finely chopped and the mixture starts to clump. Shape the mixture into balls about the size of a ping pong ball. Roll in the coconut to coat the outsides. Store in an airtight container in the fridge

Adapted from spoonfulofflavor.com